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# Utah Self-Verification Guide: Detecting Possible Misuse of Benefits and Services in Your Name (Parents & Caregivers)

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# **Utah Self-Verification Guide**

## **Detecting Possible Misuse of Benefits and Services in Your Name (Parents, Caregivers, and Guardians)**

**Prepared by:** Tocsin Data

**Date:** January 1, 2026

*Purpose: This document provides a Utah-specific, legally safe pathway for parents, caregivers, and guardians to verify whether public benefits or services were billed, paid, or claimed using their own identity or that of a dependent, and outlines official steps to take when discrepancies are identified.*

## Introduction

Utah does not provide a single public, name-searchable clearinghouse that aggregates every benefit payment, child care subsidy, and health claim. Records are maintained by specific agencies and contractors under state and federal confidentiality rules. The recommended approach is **self-verification**: obtain and review official records you are legally entitled to access, document any discrepancies, then use formal dispute or fraud-reporting channels if warranted.

This guide is intended for **parents, caregivers, and guardians**. It does not allege wrongdoing by any person or provider. Use official government resources only.

## **Section 1 — Licensed / Regulated Child Care Verification (Utah DLBC / Office of Licensing)**

Utah child care licensing and public-facing licensing resources are provided through the Utah Division of Licensing and Background Checks (DLBC). Use official tools to verify facility status and review available licensing information.

### **1.1 Official provider lookup (public)**

DLBC — Child Care (includes “Find a Facility” and licensing record access):

<https://dlbc.utah.gov/home/office-of-licensing/child-care/> [1]

### **1.2 Child care search assistance (Care About Childcare)**

Care About Childcare — Search for Care (Workforce Services):

<https://jobs.utah.gov/occ/cac/search/> [2]

### **1.3 Program information hub (Utah.gov)**

Care About Childcare (Utah.gov):

<https://careaboutchildcare.utah.gov/> [3]

## **Section 2 — Child Care Subsidy / Voucher Program (Utah Office of Child Care / Workforce Services)**

Utah administers child care subsidies through the Office of Child Care (Workforce Services). If you suspect child care assistance was used in your name or your child's name, use official application/account tools to review your case status, and request clarification through official channels if discrepancies appear.

### **2.1 Official program overview**

Workforce Services — Child Care Assistance (overview):

<https://jobs.utah.gov/customereducation/services/childcare/> [4]

### **2.2 Apply / manage benefits (myCase)**

Office of Child Care — Parent Overview (apply/manage subsidies via myCase):

<https://jobs.utah.gov/occ/parent/overview.html> [5]

### **2.3 What parents/guardians should review**

- Eligibility and authorization notices (dates, provider name, and child identifiers).
- Provider identity and licensing status using DLBC and official search tools (Section 1). [1] [2]
- Dates of care/attendance versus your own records.
- Whether assistance appears to continue after withdrawal, provider change, or the child no longer attends.

## **Section 3 — Medicaid / Health Claims Verification (Utah Medicaid) and Fraud Reporting**

Health services billed under Utah Medicaid generate claims records. If you suspect services were billed in your name or your child's name, request and review claims-related history through your managed care plan or Medicaid channels available to you, then report suspected fraud through official reporting pathways.

### **3.1 Utah Medicaid fraud reporting (official)**

Utah Medicaid — Reporting Fraud (member/provider fraud guidance and links):  
<https://medicaid.utah.gov/reporting-fraud/> [6]

### **3.2 Workforce Services Fraud Hotline (assistance programs)**

Utah Department of Workforce Services — Report Fraud, Waste and Abuse (hotline and instructions):  
<https://jobs.utah.gov/departments/contact/fraud.html> [7]

### **3.3 Utah Office of Inspector General (fraud hotline and referral forms)**

Utah Office of Inspector General — Report Fraud:  
<https://oig.utah.gov/report-fraud/> [8]

## **Section 4 — Public Records Requests (Utah GRAMA)**

Utah public records access is governed by the Government Records Access and Management Act (GRAMA). Many records involving minors, benefit cases, or health information may be restricted by confidentiality laws; however, parents/guardians can request records they are legally entitled to receive and request written explanations for denials or redactions.

### **4.1 State guidance and GRAMA resources (Utah Division of Archives)**

Utah Division of Archives — Government Records Access (GRAMA forms/resources):

<https://archives.utah.gov/transparency-services/government-records-access/> [9]

### **4.2 Utah.gov Open Records Portal (online request tool)**

Utah.gov Open Records Portal (submit online requests):

<https://secured.utah.gov/ut-archives/Forms/Page/ut-archives/orp/0> [10]



## **Section 5 — Reporting Suspected Benefit Fraud (Official Channels Only)**

If you suspect misuse of benefits or services, preserve documentation first (letters, notices, dates, provider names, and any case identifiers you lawfully possess), then report through official channels. Avoid public accusations. If you are uncertain which program is involved, request written confirmation of what is on file for your household through the appropriate agency.

### **5.1 Assistance program fraud (Workforce Services)**

Workforce Services — Report Fraud, Waste and Abuse:

<https://jobs.utah.gov/departments/contact/fraud.html> [7]

### **5.2 Medicaid-related reporting (Utah Medicaid + Utah OIG)**

- Utah Medicaid — Reporting Fraud: <https://medicaid.utah.gov/reporting-fraud/> [6]
- Utah OIG — Report Fraud: <https://oig.utah.gov/report-fraud/> [8]

## Section 6 — Public “Red Flag” Patterns (For Awareness Only)

The following markers do not prove misconduct, but they can indicate when additional verification is warranted:

- **Date mismatch:** payments/claims on days the child was not in care or not receiving the service.
- **Provider mismatch:** provider listed that the family never used.
- **Duration mismatch:** billing continues after termination/withdrawal.
- **Authorization mismatch:** billed hours exceed authorized hours (or care shown without authorization).
- **Identity mismatch:** records referencing a child/dependent you do not recognize.

## Appendix A — Official Utah Resources

1. DLBC Child Care (Find a Facility / licensing records) — <https://dlbc.utah.gov/home/office-of-licensing/child-care/> [1]
2. Care About Childcare — Search for Care — <https://jobs.utah.gov/occ/cac/search/> [2]
3. Care About Childcare (Utah.gov) — <https://careaboutchildcare.utah.gov/> [3]
4. Workforce Services — Child Care Assistance overview — <https://jobs.utah.gov/customereducation/services/childcare/> [4]
5. Office of Child Care — Parent Overview / Apply & Manage (myCase) — <https://jobs.utah.gov/occ/parent/overview.html> [5]
6. Utah Medicaid — Reporting Fraud — <https://medicaid.utah.gov/reporting-fraud/> [6]
7. Workforce Services — Report Fraud, Waste and Abuse — <https://jobs.utah.gov/department/contact/fraud.html> [7]
8. Utah Office of Inspector General — Report Fraud — <https://oig.utah.gov/report-fraud/> [8]
9. Utah Division of Archives — Government Records Access (GRAMA) — <https://archives.utah.gov/transparency-services/government-records-access/> [9]
10. Utah.gov Open Records Portal — <https://secured.utah.gov/ut-archives/Forms/Page/ut-archives/orp/0> [10]

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